

Love As Bio-energy Sharing

The more you feel love, the more you share love, the more strong you become, says **OSHO**



When energy is transformed into awareness, many things happen, because then energy cannot move to sex. When it can move to a higher dimension, it will not move to a lower dimension. Your energy goes on moving to lower dimensions because there is no higher for you. And you do not have the level of energy where it can move into the higher, so it moves into sex and then you become afraid of it, so you create the ideal of *brahmacharya* and you become divided. Then you become less and less energetic. You are wasting energy!

This is a very potent experience — that when you are weak you feel more sexual. This looks absolutely absurd in biological terms, because biology will say that when you are more potent you will feel more sexual. But this is not the case. When you are weak, ill, you will feel more sexual. When you are healthy and a subtle well-being is there, you will not feel so sexual.

And the quality of sex will also be different. When you are weak, the sexuality will be a sort of disease and a vicious circle will be created.

When you are healthy, when a well-being is there, when you feel blissful, relaxed, you are not so sexual. Then even if sex happens, it is not a disease.

Rather, it is an overflowing. A totally different quality is there. When sex is an overflowing, it is just love expressing itself through bio-energy. It is creating a deep sharing, a deep contact through bio-energy. It is a part of love.

Biology has no explanation for it, but tantra says that sex is an antidote to death. Sex means life for society. You may die, but life will continue. So whenever you feel weak, death is near, tantra says that then sex will become very important because you may die at any moment. Your energy layer has gone down.

For tantra, old men are more sexual than young men. And this is a



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very deep insight. Young men are more sexually potent, but not so sexual; old men are less sexually potent, but more sexual. So if we can enter an old man's mind, then we can know what is happening.

As far as sex energy is concerned, it is less in old men, more in young men. But as far as sexuality is concerned — sexuality means thinking about sex — it is more in old men than in young men. Death is coming near and sex is the antidote of death, so now the weakening energy would like to produce someone. Life must continue.

And the same happens in the re-

verse order also. If you are overflowing with energy, sex becomes less and less important and love becomes more and more important. And then sex can happen just as a part of love, as a deep sharing. The deepest sharing can be of bio-energy because that is the life force. To whomsoever you love, you want to give something. Giving is part of love; in love you give things. The greatest gift can be of the life energy of yourself. In love, sex becomes a deep gift of bio-energy, of life. You are giving a part of yourself.

The more you feel love, the more you share love, then the more strong you become because in love the ego is dissolved. In love you have to flow with life. And a moment comes when the energy comes to a point where transformation happens, and energy becomes awareness. Sex disappears, and only a loving kindness, compassion, remains. Abridged from *The Book of Secrets*, Osho Times International, courtesy Osho International Foundation, www.osho.com

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